

Between Fun and Brutality

The Lynx Brutality Games 2023 in Slovenia were an incredible adventure: With intense competition, 100 participants pushed themselves to their limits to secure their chance for the coveted first place. Brutality Games are gaining popularity in Europe as they provide adrenaline, excitement, and the challenge that many people seek in their daily lives. As part of the #IWACampfire, we had the opportunity to immerse ourselves in this world.

What even are Brutality Games?

Originating from the military and law enforcement training exercises, "Brutality games" have evolved into competitive events that test the physical and mental stamina of participants. These games feature obstacle courses, shooting challenges, and tactical scenarios, with an emphasis on speed, accuracy, and teamwork. Despite the name, these games are not about violence or aggression, but rather about developing the skills necessary for real-life situations. Participants must demonstrate discipline, strategy, and adaptability, as well as a commitment to safety and fair play. In recent years, "Brutality games" have gained a following among civilian enthusiasts, who see them as a way to challenge themselves and improve their abilities. At the same time, these games continue to be used by law enforcement and military personnel for training and skill development.

Polenar Tactical has brought the format, which was previously born in the USA and made its way to Europe through Finland, to Slovenia. The content creators, who operate their own shop in Ljubljana, cater to the needs of shooters and athletes, providing an absolute highlight in the calendar. Once again this year, the event and competition were sold out within minutes. 100 participants fought for victory.

What matters in competitions: Asking Keno Johannsen

As a spectator of the Brutality Games, one can't help but be impressed by the athletes who participate in these intense competitions.

We talked to Keno Johannsen about what it takes to succeed in this competition.

Keno is a long-time shooter himself and has also been a participant in the past.

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“To succeed in the Brutality Games, one must train hard and smart”, explains Keno. The competition demands not only physical but also mental toughness. Athletes should focus on developing both aspects relentlessly to gain an advantage over their opponents. “In addition to training, understanding the rules and course layout is essential. Familiarizing oneself with these aspects provides an edge in the competition”, Keno continues. Knowing the rules will prevent unnecessary penalties and help to conserve energy throughout the event. However, the most crucial aspect of competing in Brutality Games is embracing the brutality. “This competition is not for the faint-hearted. Athletes must push themselves beyond their limits and embrace the brutality of the games. Only then can they achieve victory and become champions”, knows Keno.

Lynx Brutality: Personal Conclusion

As a first-time spectator at the Brutality Games, it is worth noting that one is overwhelmed by the intensity and fighting spirit of the shooters. The competition was tough, and the obstacles were downright brutal. Equally impressive is the sense of community and camaraderie among the participants and spectators. People from different backgrounds and cultures came together to support one another, cheering and applauding each time someone crossed the finish line.

It quickly becomes apparent that events like these are an important component in keeping communities alive and dynamic. They bring people together, stimulate conversations, and create opportunities for growth and networking. We congratulate the winners and are already looking forward to the Lynx Brutality 2024!